

SoliMed Cologne - A Community Health Center for Cologne

What is a Community Health Center?

In today's society we are taught that each person is responsible for his or her own health. We forget that it is not only a matter of Sports, smoking or genetic make up. Above all, our living conditions determine our health: How are the working conditions? Where do you live? Do you experience racism or other discrimination? People who live in poverty die earlier and get sick more often.

We want our Community Health Center to look at health on a physical, psychological and social level. This means, for example, that living and working conditions are included. Many factors influence health: Is there mold in the home? Are there playgrounds or green spaces in the neighborhood? Are there problems with government authorities or supervisors? Is the air pollution in the district high? Do you have health insurance?

Together with the residents, we want to identify the problems in the district and thus improve the living conditions.

Therefore, in addition to medical professionals - such as doctors, nurses and psychotherapists - people from other professions will also work in our Community Health Center. These are, for example, social workers, trade unionists and lawyers.

In our Community Health Center, all people should have access to health care. This is independent of their insurance or residence status.

We oppose the profit-oriented health care system. We stand up for a non-profit health care system. People and their needs are the priority.

In addition, the Community Health Center should be a place of networking and a meeting place for people, groups and initiatives from the neighborhood. Alone we are often powerless. If we join forces, we can change a lot.

Who are we?

We are SoliMed, short for „Solidarity Medicine“. Our group has been working for several years to build a Community Health Center in Cologne.

Our members are professionally, personally and politically involved with the issues of health and health care. We are experts in, for example, neighborhood work, nursing, psychology, naturopathy, medicine and patient advocacy. We are all confronted with the inequities and injustices of the current health care on a daily basis. We want to address the root causes of illness as well as its effects on health. We don't think it makes sense to just make people fit for the work routine again.

Where is the Community Health Center?

At the moment, the Community Health Center does not yet exist. On the way to the opening we have already made many steps and some are still ahead of us. You can learn more about the current status on our website or through our social media channels.

Contact and more information:

info@solimed-koeln.de
www.solimed-koeln.de
twitter(symbol) @SoliMedKoeln
fb(symbol) www.facebook.de/solimedkoeln